

# Seasons Catering

617-333-4334 - [Sheila@SeasonsofBoston.com](mailto:Sheila@SeasonsofBoston.com) - [SeasonsofBoston.com](http://SeasonsofBoston.com)

## Hors d'oeuvres

Chicken Quesadilla with Chipotle Cream  
Chicken Satay with Peanut Sauce  
Coconut Chicken Skewers with Spicy Sauce  
Crispy Chicken Skewers with Citrus Sauce  
Honey Sesame Chicken Skewers  
Curried Chicken Salad Profiteroles  
Sweet Potato Cake with Maple Glazed Turkey  
Jerk Chicken and Mango Sauce on Fried Plantain  
Chicken Cordon Blue Fritters with Honey Mustard  
Bacon Wrapped Chicken Poppers with Bleu Cheese  
Pineapple & BBQ Chicken Skewers  
Beef Crostini\* with Roasted Onion Jam  
Asparagus and Prosciutto Straws  
Beef & Portobello Brochette\* with Horseradish Cream  
Ham and Cheese Panini Bite  
Beef Quesadillas  
Potato Skins with Bacon, Cheese and Sour Cream  
Mustard Crusted Lamb "Lollipops"  
Roast Beef\* on Cheddar Biscuit with Horseradish Cream  
Steak and Cheese Spring Rolls Chipotle Ranch  
Grilled Sausage Crostini with Shallot Relish & Ricotta  
Chorizo and Potato Empanadas

Crab Cakes with Remoulade  
Scallops wrapped in Maple Cured Bacon  
Coconut Shrimp with Pineapple Sauce  
Poached Shrimp with Spicy Cocktail Sauce  
Teriyaki Ginger Salmon on Fried Wonton with Pineapple Salsa  
Cucumber Cups with Smoked Salmon and Dill Yogurt Sauce  
Coconut Shrimp Ceviche in Chinese Spoons  
Sesame Crusted Tuna\* on Rice Cracker with Wasabi Cream  
Shrimp Salad in Filo Tartlett  
Blue Cheese, Honey and Walnut Crostini  
Vegetarian Spring Rolls with Sweet and Spicy Asian Sauce  
Stuffed Mushrooms (vegetarian)  
Spanakopita  
Roasted New Potatoes with Butternut Squash and Maple Drizzle  
Eggplant, Ricotta and Roasted Red Pepper Quesadilla  
Mac and Cheese Bites  
Grilled Mushroom Flatbread with Truffle Oil  
Broccoli and Cheddar in Puff Pastry  
Fig and Goat Cheese Crostini  
Grilled Flatbread with Truffle Oil, Mushrooms and Goat Cheese

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## STATIONARY DISPLAYS

### Seasons' Display

An artful arrangement of domestic and imported cheeses, fresh fruit, and vegetable crudités, accompanied by assorted crackers, crostini, and dill cream

### International Cheese Board

Featuring domestic and imported cheeses served with assorted crackers, crostini & French bread

### Garden Crudités

Fresh seasonal vegetables accompanied by our dill cream, hummus or onion dip

### Guacamole, Salsa & Cilantro Cream

Served with tri-color corn tortilla chips

### Hummus with Pita Chips

### Antipasto

Prosciutto, Salami, Mortadella, Genoa, Marinated Olives, Artichoke Hearts, Mushrooms and Roasted Red Peppers. Accompanied by fresh baked Italian Bread, Grilled Focaccia and Breadsticks.

### Vegetarian Antipasto

Grilled Vegetables, Marinated Olives, Artichoke Hearts, Mushrooms and Roasted Red Peppers, Tomato and Fresh Mozzarella. Accompanied by fresh baked Italian Bread, Grilled Focaccia and Breadsticks

### Pizza Display

Assortment of our delicious pizzas to include cheese, chicken ranch, grilled vegetable and pepperoni - or create your own selection.

### Mediterranean

Roasted garlic hummus, tabbouleh, roasted red peppers, marinated artichokes, assorted olives accompanied by pita bread, grilled focaccia and pita chips

### Bruschetta Display

Diced tomatoes with fresh herbs and olive oil, fresh mozzarella, white bean spread, roasted red and yellow peppers - Accompanied by garlic toasts and focaccia crisps.

### Assorted North End Style Calzones

Choose three-Italian with Ham, Salami, Pepperoni, Peppers and Mozzarella, Cheeseburger, Thanksgiving, Eggplant, Parmesan, Buffalo Chicken, Chicken Ranch with Bacon, Chicken Parmesan, Steak and Cheese, Spinach and Feta

### Slider Station

Choice of three of our sliders to offer your guests, Burger\* (may be cooked to order), Chicken Cutlet, Eggplant Parmesan, Buffalo Chicken, Jalapeño Burger \* (may be cooked to order), Thanksgiving, Rueben, Cuban, Portobello Mushroom, with all the best complimentary condiments, cheeses and spreads.

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## BREAKFAST

### CONTINENTAL BREAKFAST

Assorted Danish and Tea Breads

Fresh Baked Muffins and Bagels

Accompanied by an assortment of preserves and marmalade, butter and cream cheese

Fresh Fruit Salad

Orange Juice and Coffee, Decaffeinated Coffee and Tea

### HEALTHY START

A Selection of Individually boxed cereals and granola

Fruit Kebobs with Low Fat Yogurt Dip

Assorted Juices to include Orange, Cranberry and Apple

Coffee, Decaffeinated Coffee and Tea

### KICK START

Scrambled Eggs with Fresh Herbs

Home Fries with sautéed onions

Maple Cured Bacon or Sausage

Assorted Bagels

With cream cheese and fruit preserves

Fresh Fruit Salad

Orange Juice and Coffee, Decaffeinated Coffee and Tea

### ADDITIONAL HOT BREAKFAST OPTIONS:

**Assorted Quiche** - Broccoli and Cheddar, Lorraine, Sausage and Smoked Gouda, Mushroom, Grilled Vegetable

**Double Cinnamon French Toast**

Strawberry and Cheese Stuffed French Toast -

**Smoked Salmon & Cream Cheese Frittata**

**Southwestern Frittata with Chorizo**

**Corned Beef Hash**

**Breakfast Sandwiches** on your choice of Croissants, Bagels, wraps or English Muffins

**Trio of Pancakes** - Buttermilk, Chocolate Chip, Blueberry (substitute whole wheat for a healthy choice) With Maple Syrup, Strawberries and Sautéed Bananas

**Yogurt Bar** - Vanilla Greek Yogurt, Granola, Strawberries, Almonds, Dried Cranberries

**Yogurt Parfait** with berries & granola

**Caramelized Grapefruit**

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## LUNCH

### ASSORTED SANDWICHES TO INCLUDE (AVAILABLE IN OUR BOX LUNCHES):

Chicken Salad Sandwich  
Fresh Tuna Salad with tomato and lettuce  
Roast Beef with Sweet Onion Spread  
Turkey and Provolone  
Ham and Swiss Cheese with Honey Mustard  
Vegetarian Wrap with Hummus, Romaine, Cucumber and Tomato

### IT'S NOT JUST A DELI PLATTER

Marinated and Grilled Chicken Breast  
Honey Glazed Ham, Roasted Turkey Breast  
Traditional Chicken Salad, Roast Beef\*, Tuna Salad  
American, Provolone and Swiss Cheeses  
Accompanied by Grilled Vegetables, Lettuce Leaf Wraps, Assorted Artisan Breads & Rolls.

### HOT PANINI AND WRAP ASSORTEMENT

An assortment of our grilled panini's and wraps - a selection from the following; Roast Beef Melt, Tuna and Swiss Cheese, Cheddar Burger\* (can be cooked to order), Grilled Bacon, Tomato and Cheese Panini, Chicken & Rice Asian Wrap, Thanksgiving Wrap, Chicken Parmesan, Buffalo Chicken and Grilled Turkey Ham and Swiss Wrap, Eggplant Parmesan, Grilled Vegetable and Herb Cheese

### ENTRÉE SALADS (available in our box lunches)

#### Blackened Chicken Caesar

Pan Seared Blackened Chicken served over fresh romaine greens with croutons and parmesan.

#### Sheila's Cobb Salad

Fresh spinach greens topped with Avocado, Bacon, Grilled Chicken, Egg and Roquefort.

#### Antipasto Salad

Prosciutto, Salami, Mortadella, Marinated Olives, Artichoke Hearts, and Roasted Red Peppers served over mixed field greens; accompanied by Herb Vinaigrette & Grilled Focaccia.

#### Grilled Shrimp and Pasta Salad

with Asparagus and Red Onions and finished with our House-made Herb Vinaigrette.

**Marinated Steak Tips\*** (can be cooked to order)  
served over our Crisp Garden Salad

#### Farmstand Salad Bar

Romaine, tomatoes, peppers, cucumbers, Avocado, Egg, Grilled Chicken, Onions, Feta and Cheddar Cheese. Served with Balsamic and Cream Italian Dressing (15 person minimum order)

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## HOT LUNCH ENTREES

Marinated Steak Tips\* (can be cooked to order)

Grilled Chicken Breast stuffed with Tomato and Mozzarella

Herb Encrusted Baked Chicken

Panko Crusted Cornbread Stuffed Chicken

Roasted Turkey with Cranberry Chutney

Stuffed Pork Loin with Fig Glaze

Meatloaf with Homemade Gravy

Barbecue Chicken with Corn Salsa

Baked Scrod

Blackened Salmon

Grilled Shrimp

*Served with our vegetable of the day, potatoes or pasta*

## TRADITIONAL FAVORITES:

Chicken, Ziti and Broccoli

Spaghetti and Meatballs

Chicken Parmesan over Penne

Eggplant Parmesan

Italian Sausage, Peppers and Onions

Lasagna - Beef Lasagna

Spinach & Roasted Garlic Lasagna

Three Cheese Lasagna

Chicken Alfredo Lasagna

Stuffed Shells

Chicken Pot Pie

Macaroni and Cheese

## COLD SIDES

Caesar Salad

fresh romaine, shaved parmesan and croutons

Spinach Salad

strawberries and goat cheese with balsamic vinaigrette

Garden Salad

with tomatoes, cucumbers and carrots

Greek Salad with Feta and Olives

Caprice Salad

Mozzarella, Tomato and Fresh Basil

Pasta Salad

with Olives, Cucumbers, Tomatoes and Feta

Caprice Penne with tomatoes, basil and mozzarella in a zesty Italian dressing.

Traditional Potato Salad

German Potato Salad with Bacon

Cole Slaw

Grilled Vegetables

## HOT SIDES:

Herb Roasted Potatoes

Mashed Potatoes

Rice Pilaf

Grilled Vegetables

Green Beans with Grilled Tomatoes

Roasted Gingered Carrots

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## DINNER

### SOUPS

Fish Chowder  
Lobster Bisque  
New England Clam Chowder  
Mushroom Bisque  
Chili  
Chicken Noodle  
Minestrone  
French Onion  
Split Pea Soup  
Gazpacho

### SALADS

Caesar Salad with shaved parmesan and croutons  
Garden Salad  
Spinach with Walnuts, Strawberries and Goat Cheese  
Mixed Field Greens with Roasted Pears, Pecans and Gorgonzola  
Greek Salad  
Spring Greens with Dried Cranberries, Walnuts and Goat Cheese  
Mixed Greens with Apple and Cheddar  
Arugula and Fig Salad  
Greens with Mandarin Oranges & Almonds

### APPETIZERS

Bruschetta with diced tomatoes with fresh herbs & olive oil and fresh mozzarella  
Roasted Vegetable and Goat Cheese Tart  
Mushroom Risotto Cake  
Trio of Filo Purses - Spinach, Mushroom and Smoked Chicken  
Duck\*, Prosciutto and Fig Pizzetta  
Pulled Pork Quesadilla  
Prosciutto, Cantaloupe and Honeydew with Balsamic Reduction  
New Orleans Crab Cakes with Dill Aioli  
Poached Shrimp with Spicy Cocktail Sauce  
Seared Scallops with Smoked Tomato Butter over a warm spinach salad  
Coconut Shrimp Ceviche "Martini"  
Lobster Cakes with Chorizo, Ginger, cornbread and peach puree  
Lobster Quesadilla with Sour Cream  
Sliced Fruit Plate

### PASTA (Appetizer):

Tortellini with Marinara  
Penne with Alfredo  
Orecchiette with Sausage & Fennel  
Pasta with Fresh Herbs & Parmesan

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## ENTREES

Parmesan Chicken with herb gravy  
Walnut Crusted Chicken with Sweet Bourbon Glaze  
Grilled Chicken Breast with Slow Roasted Tomatoes  
Lemon Pepper Chicken  
Chicken Marsala  
Chicken Cordon Bleu  
Spinach and Feta Stuffed Grilled Chicken Breast  
Cornbread Stuffed Roasted Chicken Breast  
Chicken and Vegetable Kebobs  
Tradition Fried Chicken  
Barbecue Chicken with our homemade barbecue sauce  
Fresh Roasted Turkey with Cranberry Chutney  
  
Marinated Steak Tips\*  
Pepper Crusted New York Sirloin\*  
Steak, Mushroom and Bermuda onion Kebob\* -  
Prime Rib with Au Poive Sauce\* -  
Beef Tenderloin with Garlic Horseradish Cream\*  
Herb and Garlic Roasted Beef Rib eye with Red Wine Shallot Au Jus\*  
Veal Piccata  
\*(All Beef and Lamb is cooked Medium well unless otherwise requested)

Lamb Chops with Sun Dried Tomato\*  
Rack of Lamb with Rosemary Sauce\*  
Pork Chops with Apple Stuffing  
Pork Loin with Gorgonzola Sauce  
Honey Glazed Roast Ham  
  
Blackened Salmon with Fruit Salsa  
Baked Haddock with fresh lemon - Market  
Seared Scallops with white wine sauce - Market  
Poached Tilapia with Oven Roasted Tomatoes and Fresh Lemons  
Poached New England Lobster with drawn butter - Market  
Seafood Risotto with Scallops, Mussels, Shrimp, green peas, white wine, fresh herbs and fried leeks  
  
Eggplant, Spinach & Roasted Garlic Lasagna  
Mushroom Risotto with Grilled Zucchini  
Baked Ziti with Ricotta and Marinara  
Root Vegetable Stuffed Portobello Mushrooms (Vegan)  
Zucchini Stuffed with Puréed Butternut Squash  
Grilled Tofu Marinated with Sweet Chili Sauce (Vegan)

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## SIDES

Mashed Potatoes  
Rosemary Roasted Potatoes  
Au Gratin Potatoes  
Chive Potato Cakes  
Roasted Red Bliss with Fresh Herbs  
Crispy Potato Wedges  
Garlic Smashed Potatoes  
Roasted Red Bliss and Yukon Gold Potatoes  
Mushroom Risotto  
Baked Potato with Sour Cream and Butter  
Rice Pilaf  
Polenta  
Penne with Fresh Herbs & Extra Virgin Olive Oil  
  
Oven Roasted Carrots  
Seasonal Grilled Vegetables  
Roasted Root Vegetables  
Sautéed Corn with Red Peppers  
Broccoli Au gratin  
Gingered Oven Roasted Carrots  
Grilled Vegetables  
Snow Peas and Carrots  
Corn on the Cob (seasonal)  
Grilled Asparagus  
Green Beans with Grilled Tomatoes

## DESSERTS

Fresh Baked Cookies and Brownies  
Assorted Mini Pastries  
Oreo Cookie Cheesecake  
Carrot Cake  
Rich Chocolate Fudge Cake  
Chocolate Bread Pudding  
Baileys Bread Pudding  
Apple Crisp with Whipped Cream  
Chocolate Torte with Peanut Butter Mousse  
Strawberry Shortcake  
Boston Cream Pie  
Assorted Cupcakes  
Whoopie Pies  
Pecan, Pumpkin or Apple Pie  
Brownies, Bars and Squares  
Chocolate Dipped Strawberries  
Heath Bar Trifle with Caramel  
Cheesecake with Strawberries  
  
Coffee, Tea and Decaffeinated Coffee

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